



The Cathedral & Metropolitan Church of St Peter in York

THE EUCHARIST

ON THE

FIRST SUNDAY OF LENT

Sunday 22nd February 2026
at 11.00am

The Eucharist

Welcome to this service of Holy Communion on the First Sunday of Lent.

We are grateful to Leicester University Chamber Choir for singing our services this weekend while the Choir of York Minster is on holiday. The setting of the Eucharist is the MISSA BREVIS by Giovanni Pierluigi da Palestrina (c 1525–1594).

The President is the Very Reverend Dominic Barrington, Dean. The Preacher is the Reverend Canon Maggie McLean, Missioner.



Information about this Service

- ◆ This service is being live-streamed, but care is taken to focus on the clergy and choir and not the congregation. For licensing and safeguarding reasons, please do not record this service on your own devices.
- ◆ The Chapter of York Minster is committed to the safeguarding and protection of children, young people, and vulnerable adults. If you therefore have any concerns about the welfare of a child, a young person or a vulnerable adult, or about the behaviour of someone in relation to safeguarding, please do not hesitate to contact our Safeguarding Officer, Caroline Wood: Tel: 01904 559542, Mobile: 07843 339980, Email: carolinew@yorkminster.org. If you believe someone is at immediate risk of harm, please call the emergency services on 999.
- ◆ Please follow the directions of the stewards. Where "Sit" or "Stand" are indicated, these are given simply as a guide. Throughout the service please feel free to adopt the posture that is most comfortable for you.
- ◆ Please join in singing the congregational responses, as well as in saying together the words printed in **bold** type.
- ◆ It is the custom at the Minster to receive the wine from the chalice only and not to intinct; please do not dip the wafer into the wine. Gluten-free wafers are available. If you do not wish to take communion but would like to receive a blessing, please come forward and let the minister know.
- ◆ We are grateful for all who give to support the mission and ministry of York Minster. You can offer a gift, or set up regular giving, by using the following QR code. 10% of all giving received during this service will be given to charities York Minster supports – HOPE Africa, a charity initiated by our companion link dioceses in SA; Mustard Seed, a York Diocese organisation which works in the most deprived areas of our diocese; and a number of charities who work locally with homeless people in the City of York. Thank you for all you are able to give.
- ◆ Donations can be made via the following QR code:



The Gathering

Prayers are said. Stand for the Processional Hymn.

Processional Hymn



1. Christian, dost thou see them
on the holy ground,
how the troops of Midian
prowl and prowl around?
Christian, up and smite them,
counting gain but loss;
smite them by the merit
of the Holy Cross.

2. Christian, dost thou feel them.
How they work within,
striving, tempting, luring,
goading into sin?
Christian, never tremble;
never be down-cast;
smite them by the virtue
of the Lenten fast.

3. Christian, dost thou hear them,
how they speak thee fair?
'Always fast and vigil?
Always watch and prayer?'
Christian, answer boldly,
'While I breathe, I pray:'
peace shall follow battle,
night shall end in day.

4. 'Well I know thy trouble,
O my servant true;
thou art very weary,—
I was weary too;
but that toil shall make thee
some day all mine own,—
and the end of sorrow
shall be near my throne.'

Words NEH 65, John Mason Neale (1818–1866)

Tune GUTE BÄUME BRINGEN, NEH 65,

later from of a melody by Peter Sohren (c 1630–c 1692)

The Greeting

The President says:

In the name of the Father, and of the Son,
and of the Holy Spirit. **Amen.**

The Lord be with you
and also with you.

The President introduces the service.

Prayers of Penitence

A Deacon says:

The sacrifice of God is a broken spirit;
a broken and contrite heart God will not despise.
Let us come to the Lord, who is full of compassion,
and acknowledge our transgressions in penitence and faith.

**Almighty God, our heavenly Father,
we have sinned against you
and against our neighbour,
in thought and word and deed,
through negligence, through weakness,
through our own deliberate fault.
We are truly sorry,
and repent of all our sins.
For the sake of your Son, Jesus Christ,
who died for us,
forgive us all that is past;
and grant that we may serve you in newness of life
to the glory of your name. Amen.**

The President says:

Almighty God,
who forgives all who truly repent,
have mercy upon you,
pardon and deliver you from all your sins,
confirm and strengthen you in all goodness,
and keep you in life eternal;
through Jesus Christ our Lord. **Amen.**

Remain standing as the choir sings the Kyrie eleison.

Kyrie eleison

Kyrie eleison.	<i>Lord, have mercy.</i>
Christe eleison.	<i>Christ, have mercy.</i>
Kyrie eleison.	<i>Lord, have mercy.</i>

The Collect

Let us pray.

Silence is kept.

Almighty God,
whose Son Jesus Christ fasted forty days in the wilderness,
and was tempted as we are, yet without sin:
give us grace to discipline ourselves in obedience to your Spirit;
and, as you know our weakness,
so may we know your power to save;
through Jesus Christ your Son our Lord,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever.

Amen.

Sit.

The Liturgy of the Word

New Testament Reading

A Reading from the Book of Genesis.

The Lord God took the man and put him in the garden of Eden to till it and keep it. And the Lord God commanded the man, 'You may freely eat of every tree of the garden; but of the tree of the knowledge of good and evil you shall not eat, for in the day that you eat of it you shall die.'

Now the serpent was more crafty than any other wild animal that the Lord God had made. He said to the woman, 'Did God say, "You shall not eat from any tree in the garden"?' The woman said to the serpent, 'We may eat of the fruit of the trees in the garden; but God said, "You shall not eat of the fruit of the tree that is in the middle of the garden, nor shall you touch it, or you shall die."' But the serpent said to the woman, 'You will not die; for God knows that when you eat of it your eyes will be opened, and you will be like God, knowing good and evil.' So when the woman saw that the tree was good for food, and that it was a delight to the eyes, and that the tree was to be desired to make one wise, she took of its fruit and ate; and she also gave some to her husband, who was with her, and he ate. Then the eyes of both were opened, and they knew that they were naked; and they sewed fig leaves together and made loincloths for themselves.

GENESIS 2.15-17, 3.1-7

This is the word of the Lord.

Thanks be to God.

Stand.

Gradual Hymn

Turn to face the Deacon as the Gospel Procession moves down the Nave.



- | | |
|--|--|
| 1. Forty days and forty nights
thou wast fasting in the wild,
forty days and forty nights
tempted and yet undefiled. | 4. And if Satan, vexing sore,
flesh or spirit should assail,
thou, his vanquisher before,
grant we may not faint nor fail. |
| 2. Sunbeams scorching all the day,
chilly dewdrops nightly shed,
prowling beasts about thy way,
stones thy pillow, earth thy bed. | 5. So shall we have peace divine,
holier gladness ours shall be,
round us too shall angels shine,
such as ministered to thee. |
| 3. Let us thine endurance share,
and awhile from joys abstain,
with thee watching unto prayer,
strong with thee to suffer pain. | 6. Keep, O keep us, Saviour dear,
ever constant by thy side;
that with thee we may appear
at the eternal Eastertide. |

Words NEH 67, George Hunt Smyttan (1822–1870) and Francis Pott (1832–1909)
Tune AUS DER TIEFE, NEH 67, ‘M.H.’ in *Nürnbergisches Gesangbuch* (1676)
melody possibly by Martin Herbst (1654–1681)

Remain standing.

Gospel Reading

The choir begins the Acclamation with the response, which the congregation repeats. After the choir has sung the verse, everyone repeats the response again.

Praise to you, O Christ, King of eternal glory.



The Lord is a great God, O that today you would listen to his voice.
Harden not your hearts.

Praise to you, O Christ, King of eternal glory.

The Lord be with you
and also with you.

Hear the Gospel of our Lord Jesus Christ according to Matthew.



Jesus was led up by the Spirit into the wilderness to be tempted by the devil. He fasted for forty days and forty nights, and afterwards he was famished. The tempter came and said to him, 'If you are the Son of God, command these stones to become loaves of bread.' But he answered, 'It is written,

"One does not live by bread alone,
but by every word that comes from the mouth of God."

Then the devil took him to the holy city and placed him on the pinnacle of the temple, saying to him, 'If you are the Son of God, throw yourself down; for it is written,

"He will command his angels concerning you",
and "On their hands they will bear you up,
so that you will not dash your foot against a stone."

Jesus said to him, 'Again it is written, "Do not put the Lord your God to the test."

Again, the devil took him to a very high mountain and showed him all the kingdoms of the world and their splendour; and he said to him, 'All these I will give you, if you will fall down and worship me.' Jesus said to him, 'Away with you, Satan! for it is written,

“Worship the Lord your God,
and serve only him.”

Then the devil left him, and suddenly angels came and waited on him.

MATTHEW 4.1-II

After the Gospel the Deacon says:

This is the Gospel of the Lord.



The organist plays a musical response to the Gospel.

Sit for the sermon.

Sermon

The Reverend Canon Maggie McLean, Missioner

The organist plays a musical response to the sermon.

Stand to say the Creed.

The Creed

Let us affirm our faith in God, Father, Son and Holy Spirit.

**We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is,
seen and unseen.**

**We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father;
through him all things were made.**

**For us and for our salvation he came down from heaven,
was incarnate from the Holy Spirit and the Virgin Mary
and was made man.**

**For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.**

**We believe in the Holy Spirit,
the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son is worshipped and glorified,
who has spoken through the prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.**

Prayers of Intercession

The President introduces the prayers with these words:

With confidence and trust let us pray to the Father.

Sit or kneel.

This response is used:

Lord of compassion,

in your mercy hear us.

The President concludes with these words:

God our Father,

in your love and goodness

you have taught us to come close to you in penitence

with prayer, fasting and generosity;

accept our Lenten discipline,

and when we fall by our weakness,

raise us up by your unfailing mercy;

through Jesus Christ our Lord.

Amen.

Stand.

The Liturgy of the Sacrament

The Peace

The President introduces the Peace:

Since we are justified by faith,

we have peace with God through our Lord Jesus Christ,

who has given us access to his grace.

The peace of the Lord be always with you

and also with you.

A Deacon says:

Let us offer one another a sign of peace.

All are invited to exchange a sign of peace.

Offertory Hymn



1. Jesu, Lover of my soul,
let me to thy bosom fly,
while the nearer waters roll,
while the tempest still is high:
hide me, O my Saviour, hide
till the storm of life is past;
safe into the haven guide,
O receive my soul at last.

2. Other refuge have I none,
hangs my helpless soul on thee;
leave, ah, leave me not alone,
still support and comfort me.
All my trust on thee is stayed,
all my help from thee I bring;
cover my defenceless head
with the shadow of thy wing.

3. Plenteous grace with thee is found,
grace to cover all my sin;
let the healing streams abound,
make and keep me pure within.
Thou of life the fountain art,
freely let me take of thee,
spring thou up within my heart,
rise to all eternity.

Words NEH 383, Charles Wesley (1707–1788)

Tune ABERYSTWYTH, NEH 383ii, Joseph Parry (1841–1903)

Taking of the Bread and Wine

Let us pray.

God of our journey,
as we walk with you on your path of obedience,
sustain us on our way and lead us to your glory;
through Jesus Christ our Lord.

Amen.

The Eucharistic Prayer



The musical notation consists of three staves, each with a treble clef and a key signature of one flat (B-flat). The lyrics are written below the notes. The first staff contains the lyrics: "The Lord be with you and al - so with you." The second staff contains the lyrics: "Lift up your hearts. We lift them to the Lord." The third staff contains the lyrics: "Let us give thanks to the Lord our God. It is right to give thanks and praise."

The Lord be with you and al - so with you.

Lift up your hearts. We lift them to the Lord.

Let us give thanks to the Lord our God. It is right to give thanks and praise.

It is indeed right and good
to give you thanks and praise,
almighty God and everlasting Father,
through Jesus Christ your Son.
For in these forty days
you lead us into the desert of repentance
that through a pilgrimage of prayer and discipline
we may grow in grace
and learn to be your people once again.
Through fasting, prayer and acts of service
you bring us back to your generous heart.
Through study of your holy word
you open our eyes to your presence in the world
and free our hands to welcome others
into the radiant splendour of your love.
As we prepare to celebrate the Easter feast
with joyful hearts and minds
we bless you for your mercy
and join with saints and angels
for ever praising you and singing:

The choir sings:

Sanctus, Sanctus, Sanctus,
Dominus Deus Sabaoth,
pleni sunt caeli et terra gloria tua.
Hosanna in excelsis.

*Holy, holy, holy Lord,
God of power and might,
heaven and earth are full of your glory.
Hosanna in the highest.*

Benedictus qui venit in nomine
Domini. Hosanna in excelsis.

*Blessed is he who comes in the name
of the Lord. Hosanna in the highest.*

Remain standing.

We praise and bless you, loving Father,
through Jesus Christ, our Lord;
and as we obey his command,
send your Holy Spirit,
that broken bread and wine outpoured
may be for us the body and blood of your dear Son.
On the night before he died he had supper with his friends
and, taking bread, he praised you.
He broke the bread, gave it to them and said:
Take, eat; this is my body which is given for you;
do this in remembrance of me.

When supper was ended he took the cup of wine.
Again he praised you, gave it to them and said:
Drink this, all of you;
this is my blood of the new covenant,
which is shed for you and for many for the forgiveness of sins.
Do this, as often as you drink it, in remembrance of me.

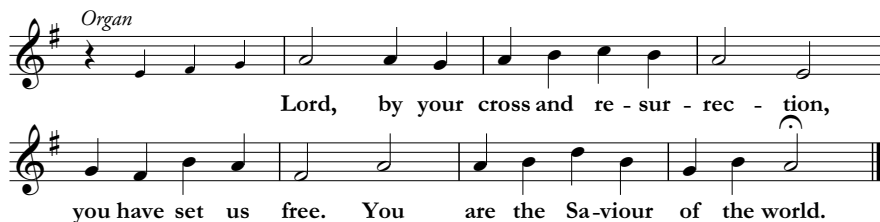
So, Father, we remember all that Jesus did,
in him we plead with confidence his sacrifice
made once for all upon the cross.

Bringing before you the bread of life and cup of salvation,
we proclaim his death and resurrection
until he comes in glory.

A Deacon says:

Jesus Christ is Lord:

Organ



Lord, by your cross and re-sur-rec-tion,
you have set us free. You are the Sa-viour of the world.

Lord of all life,
help us to work together for that day
when your kingdom comes
and justice and mercy will be seen in all the earth.

Look with favour on your people,
gather us in your loving arms
and bring us with the Blessed Virgin Mary,
Peter the Apostle, William of York, and all the saints,
to feast at your table in heaven.

Through Christ, and with Christ, and in Christ,
in the unity of the Holy Spirit,
all honour and glory are yours, O loving Father,
for ever and ever.

Organ *All*



A - men.

A short silence is kept.

The Lord's Prayer

Let us pray with confidence as our Saviour has taught us:

**Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come;
thy will be done;
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation;
but deliver us from evil.
For thine is the kingdom,
the power and the glory,
for ever and ever.
Amen.**

Breaking of the Bread

The President breaks the consecrated bread, saying:

We break this bread to share in the body of Christ.
**Though we are many, we are one body,
because we all share in one bread.**

Giving of Communion

The President says an invitation to communion:

God's holy gifts
for God's holy people.
**Jesus Christ is holy,
Jesus Christ is Lord,
to the glory of God the Father.**

*Sit or kneel whilst making your preparation to receive communion
and for prayerful reflection afterwards.*

During the distribution of communion the choir sings:

Agnus Dei, qui tollis peccata mundi: *Lamb of God, you take away the sin of
miserere nobis. the world, have mercy on us.*

Agnus Dei, qui tollis peccata mundi: *Lamb of God, you take away the sin of
dona nobis pacem. the world, grant us peace.*

and

Beati quorum via integra est: qui ambulant in lege Domini.

Blessed are they whose way is blameless: who walk in the law of the Lord.

Words PSALMS 119.1

Music Sir Charles Villiers Stanford (1852–1924)

Communion is administered at a number of places. You will be guided by the stewards.

Prayer after Communion

Stand. The President says:

Let us pray.

Almighty and everlasting God,
you hate nothing that you have made
and forgive the sins of all those who are penitent:
create and make in us new and contrite hearts
that we, worthily lamenting our sins
and acknowledging our wretchedness,
may receive from you, the God of all mercy,
perfect remission and forgiveness;
through Jesus Christ your Son our Lord,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever.

Amen.

**Almighty God,
we thank you for feeding us
with the body and blood of your Son Jesus Christ.
Through him we offer you our souls and bodies
to be a living sacrifice.
Send us out
in the power of your Spirit
to live and work
to your praise and glory.
Amen.**

Remain standing.

Hymn



1. Be thou my guardian and my guide,
and hear me when I call;
let not my slippery footsteps slide,
and hold me lest I fall.
2. The world, the flesh, and Satan dwell
around the path I tread;
O, save me from the snares of hell,
thou quickener of the dead.
3. And if I tempted am to sin,
and outward things are strong,
do thou, O Lord, keep watch within,
and save my soul from wrong.
4. Still let me ever watch and pray,
and feel that I am frail;
that if the tempter cross my way,
yet he may not prevail.

Words NEH 64, Isaac Williams (1802–1865)

Tune ABRIDGE, NEH 64, Isaac Smith (1734–1805)

The Dismissal

Remain standing.

The President says:

Christ give you grace to grow in holiness,
to deny yourselves, take up your cross, and follow him;
and the blessing of God almighty,
the Father, the Son, and the Holy Spirit,
be among you, and remain with you always.

Amen.

The Deacon sings:



Everyone responds:



Voluntary

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